

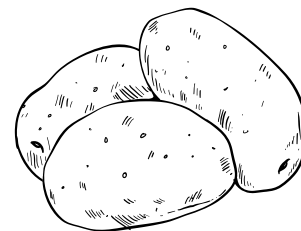
# Dizzy Lizzie's Farm Recipes

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## SIMPLY SPICEY POTATOES

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### Ingredients

- 1.5 lb potatoes
- 1 tbsp olive oil or sunflower oil
- 1 tsp granulated garlic
- 1 tsp cayenne

**Prep Time:** 5 Mins

**Cook Time:** 20 Mins

### Instruction:

1. Preheat oven to 375.
2. Slice potatoes into 1/4 inch slices.
3. Mix oil of choice, garlic and cayenne in a bowl
4. Add potatoes into bowl until all slices are well coated.
5. Prepare a baking sheet. Place all slices on the sheet.
6. Bake for 20 minutes or until potatoes are easily poked with a fork

### Recommended Substitutions/Additions:

- Use Magic Dust<sup>3</sup> or Magic Dust instead of granulated garlic and cayenne
- Add some other veggies to the mixture. We use the same recipe for cauliflower and garbanzo beans.

